

**CANOE/KAYAK THEORY QUIZ**

**Group/Formation**

**Name**

**Click on the correct answer or write your answers in the spaces provided for Q 27 and Q28**

<b>Q1</b>	<b>ANS</b>	<b>What must be worn in a canoe on flat water.</b>	<b>Q2</b>	<b>ANS</b>	<b>The buoyancy of a canoe should be capable of keeping :</b>
	<b>A</b>	Enclosed footwear, hat, PFD		<b>A</b>	Canoe afloat & full of water
	<b>B</b>	Enclosed footwear & hat		<b>B</b>	Canoe, gear, crew afloat while full of water
	<b>C</b>	PFD Protective clothing & helmet		<b>C</b>	Canoe & gear afloat while full of water
<b>Q3</b>		<b>What must be done before going on a canoe activity</b>	<b>Q4</b>		<b>When must a personal floatation device be worn</b>
	<b>A</b>	Obtain permission, fill in A1 form, check seaworthiness of canoes		<b>A</b>	For the duration of time in the canoe
	<b>B</b>	Fill in A1 form		<b>B</b>	Offshore or rough water
	<b>C</b>	Include first aid person, fill A1 form, check seaworthiness		<b>C</b>	When the skipper tells you
<b>Q5</b>		<b>What must be checked before going on the water</b>	<b>Q6</b>		<b>What is the minimum amount of canoes on a trip</b>
	<b>A</b>	NSW Maritime permission		<b>A</b>	3 canoes or 5 kayaks
	<b>B</b>	Weather forecast & tide chart		<b>B</b>	6 canoes or 4 kayaks
	<b>C</b>	Map & compass		<b>C</b>	3 kayaks or 5 canoes
<b>Q7</b>		<b>When canoeing on inland waters</b>	<b>Q8</b>		<b>When crossing a river how should the canoes be formed</b>
	<b>A</b>	A1 form must be sent to the Region Office in location of activity		<b>A</b>	Side by side in a raft formation
	<b>B</b>	Waters may be cold & fences may be across the river.		<b>B</b>	One behind the other
	<b>C</b>	A1 form to locality office, permission from land holders		<b>C</b>	Does not matter
<b>Q9</b>		<b>To avoid a head on collision you should :</b>	<b>Q10</b>		<b>If a capsize occurs close to land.</b>
	<b>A</b>	Change course to starboard		<b>A</b>	Swim the canoe to shore (self rescue)
	<b>B</b>	Change course to port		<b>B</b>	Collect equipment
	<b>C</b>	Do not do anything		<b>C</b>	Stay with canoe
<b>Q11</b>		<b>If a capsize occurs in deep water?</b>	<b>Q12</b>		<b>What paddle strokes are used to go forward</b>
	<b>A</b>	Do nothing		<b>A</b>	Power stroke
	<b>B</b>	Check your crew is safe and do a (t) or (h) rescue		<b>B</b>	J Stroke
	<b>C</b>	Pick up lost gear		<b>C</b>	Sweep stroke

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<b>Q13</b>		<b>To effect slight course change with 2 paddlers</b>	<b>Q14</b>		<b>To stop crashing into a wall</b>
	<b>A</b>	Draw stroke in the bow, sweep stroke in the stern		<b>A</b>	Both Paddlers do sweep strokes
	<b>B</b>	J, stroke in the stern or draw stroke in the bow		<b>B</b>	Both paddlers do draw strokes
	<b>C</b>	Draw stroke in the stern, sweep stroke in the bow		<b>C</b>	Both paddlers do emergency stop
<b>Q15</b>		<b>If paddling at night, or bad weather what lights are required</b>	<b>Q16</b>		<b>What is the normal time between high &amp; low tide in Sydney</b>
	<b>A</b>	Red light		<b>A</b>	About 3 hours
	<b>B</b>	White light		<b>B</b>	About 6 hours
	<b>C</b>	Green light		<b>C</b>	About 12 hours
<b>Q17</b>		<b>When is the fastest flow of water during a tide</b>	<b>Q18</b>		<b>When Traveling down stream a red navigation marker is seen on which side of your boat should you pass the marker</b>
	<b>A</b>	At the top or bottom of tide		<b>A</b>	On your starboard side
	<b>B</b>	Half way between tides		<b>B</b>	On your port side
	<b>C</b>	No fastest time		<b>C</b>	Behind the marker
<b>Q19</b>		<b>On a canoe trip on flat water the leader should be :</b>	<b>Q20</b>		<b>Canoes must give way to:</b>
	<b>A</b>	In the last canoe		<b>A</b>	Sailing Boats
	<b>B</b>	In the middle canoe		<b>B</b>	Power Boats
	<b>C</b>	In the first canoe		<b>C</b>	All other craft
<b>Q21</b>		<b>How should a canoe approach a wave of another boat</b>	<b>Q22</b>		<b>The knot used to tie down boats and other loads on a trailer is:</b>
	<b>A</b>	Bow or Stern should be close to 90o to the wave		<b>A</b>	Timber Hitch
	<b>B</b>	Side on to the wave		<b>B</b>	Trucker's Hitch
	<b>C</b>	Does not matter		<b>C</b>	Clove Hitch
<b>Q23</b>		<b>What side lights are displayed on a power boat when traveling at night</b>	<b>Q24</b>		<b>If the wind is blowing toward the shore the shore is called</b>
	<b>A</b>	Red port light & green starboard light		<b>A</b>	Lee Shore
	<b>B</b>	Green port light & red starboard light		<b>B</b>	Weather shore
	<b>C</b>	White light		<b>C</b>	Safe shore
<b>Q25</b>		<b>A canoe should be packed by using</b>	<b>Q26</b>		<b>The most frequent medical hazards associated with boating are:</b>
	<b>A</b>	Waterproof plastic barrels		<b>A</b>	Breaststroke, Headache, Hypothermia, Mosquito Bites, Bee Stings, Oyster Cuts
	<b>B</b>	Cardboard boxes		<b>B</b>	Sunstroke, Immersion, Hypothermia, Sunburn, Eyestrain, Sea Sickness
	<b>C</b>	Waterproof containers balanced around the boat		<b>C</b>	Muscle Strain, Eyestrain, Confusion, Hypothermia, Hypoglycaemia, Paddle Bloat

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<b>Q27</b>		<b>List 5 different situations that could be classed as General Emergencies</b>	<b>Q28</b>		<b>List another 5 different situations that could be Boating or Water Activity related Emergencies</b>
	<b>A</b>			<b>A</b>	
	<b>B</b>			<b>B</b>	
	<b>C</b>			<b>C</b>	
	<b>D</b>			<b>D</b>	
	<b>E</b>			<b>E</b>	